

Anti-Static Valved Holding Chamber

### **INTENDED USE**

This chamber is intended to be used along with a metered dose inhaler to deliver aerosol medication to your lungs as prescribed by your healthcare provider.

## **BEFORE EACH USE**

This chamber can be used directly out-ofpackage. Ensure these instructions and the instructions supplied with the inhaler have been read. Carefully examine the chamber and remove any foreign objects. Replace immediately if any damaged or missing parts.

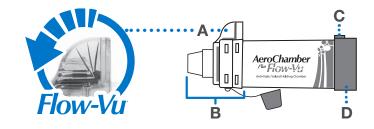
#### (i) Notes

Š

SLOW DOWN inhalation if you hear the whistle sound, it means you are inhaling too quickly.

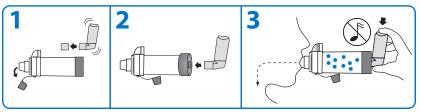
If someone is helping you they can use the **Flow-Vu**\* Inhalation Indicator to ensure a good seal, coordinate pressing the inhaler with inhalation and to count the number of breaths taken. The **Flow-Vu**\* Indicator moves toward you as you inhale and only moves if you have a proper seal.

1x Administer one (1) puff at a time. Follow instructions supplied with the inhaler on how long to wait before repeating.



# HOW TO USE YOUR CHAMBER

For preparation of the inhaler, follow the instructions supplied with the inhaler.



**1** Remove caps from the inhaler and mouthpiece chamber. Shake the inhaler immediately before use as per the instructions supplied with it.

**2** Insert the inhaler into the backpiece of the chamber. Put mouthpiece into mouth and close your lips around it to ensure an effective seal.

**3** Exhale then press the inhaler once at the beginning of a slow inhalation. Inhale slowly and deeply through the chamber until a full breath has been taken. Hold your breath for 5-10 seconds before exhaling. **OR** Exhale and press the inhaler once at the beginning of a slow inhalation. Breathe in and out through the chamber for 2-3 breaths keeping lips sealed around chamber mouthpiece.

You can watch Easy to Use patient videos on **YouTube.com** 



# **CLEANING INSTRUCTIONS**

This chamber can be used right out-of-package and then cleaned weekly.



**1** Remove the backpiece (**D**). To detach the frontpiece (**B**), twist chamber as shown.

**2** Soak the parts for 15 minutes in a mild solution of liquid dish detergent and luke-warm clean water. Agitate gently. Rinse parts in clean water. **OR** Place parts in top rack of dishwasher. Ensure product is securely placed face up. Run the dishwasher on a normal or light cycle. Do not heat dry.

**3** Shake out excess water and allow to air dry in a vertical position. Ensure parts are dry before reassembly.

**4** To reassemble, fit the frontpiece (**B**) on the end of the chamber and twist firmly until securely locked into position. Center the alignment feature (**C**) on the backpiece with the *Flow-Vu*<sup>\*</sup> Inhalation Indicator (**A**), as shown. Press firmly to attach the backpiece (**D**).

#### (i) Notes

- •Do not boil or sterilize.
- Product should be replaced after 12 months of use.
- •This product contains no latex.
- •Do not share this medical device.
- If you notice medication build-up in your chamber, wash the inside of the chamber gently with a soft cloth.
- Dishwashing with overly dirty dishes is not recommended.
- If cleaning in a dishwasher use a rinse aid.

### 

- •Do not leave the chamber unattended with children. This is not a toy.
- Product may be permanently damaged if boiled, sterilized or cleaned in a dishwasher at a temperature above 70°C.